



The Health TECH Academy, housed at Valley High School in the Elk Grove Unified School District, provides a rigorous four-year program that gives students hands-on training and opens up opportunities to pursue careers in health.

The academy collaborates with local health care partners to provide Health TECH students with a rigorous and relevant educational experience and career preparedness.



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Valley High School  
Health TECH Academy  
6300 Ehrhardt Avenue  
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Valley High School's

# HEALTH TECH ACADEMY



Helping today's students  
become tomorrow's  
health care professionals

## Advanced curriculum

Students in the academy benefit from an exceptional academic and health curriculum foundation. The academy core features English, science and social science. In addition, students take a health course each year, providing the backbone of the academy and project-based learning. Health courses feature units such as bioethics, advanced nutrition, infectious and noninfectious disease, brain anatomy and physiology and more.

Valley High School  
Health TECH Academy

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## Project-based learning



Valley's Health TECH classes are project-based and designed to enhance problem-solving skills and increase technological proficiency.

Students can:

- design brochures
- produce documentaries/public service announcements
- write newspaper articles
- create their own project based on interests, skills and learning needs

The academy's largest project is an annual Health Faire. Students plan and manage all aspects of the Health Faire. This event provides Health TECH students the opportunity to showcase their knowledge and skills.

## Hands-on opportunities



Health TECH students learn how to perform CPR, use the automated external defibrillator (AED), stop a severe bleeding wound and treat broken bones. Students are certified in Red Cross CPR/AED and first aid in 9th and 11th grades. This hands-on unit provides students the opportunity to participate in a variety of real-world scenarios. Teachers inject a bit of realism into these scenarios by using Hollywood makeup to simulate various emergencies.

Students can continue advanced hands-on training through Regional Occupation Program (ROP) health related courses. Recommended courses include:

- Hospital and Community Health Services
- Medical Assistant
- Phlebotomy